




















Week Beginning: 29th October, 10th December, 4th February, 17th March

Monday	   	Mince & Macaroni Chicken in Gravy Cauliflower Cheese (v) Garlic Bread or Potato Wedges Sweetcorn or Mixed Vegetables Pineapple Sponge & Custard
Tuesday	   	Savoury Mince Mexican Chicken Salmon Nuggets Mashed Potatoes or Crusty Bread Baby Carrots or Diced Tomato & Cucumber Peach Melba
Wednesday	   	Diced Steak Cheese & Pineapple Bun (v) Chicken Smiles Mashed Potatoes or Pasta n Rice Peas or Diced Peppers Toffee Sponge
Thursday	   	Stovies Gammon & Pineapple Breaded Fish Potato Croquettes or Spaghetti Hoops Salad or Beetroot Chocolate Tiffin
Friday	   	Sweet & Sour Chicken Baked Potato with Tuna Sausage Roll Rice or Crusty Bread Baked Beans or Diced Cucumber Chocolate Sponge & Vanilla Sauce
	    	Bread All vegetables and non-fried/non-processed potatoes Yoghurt or Fresh Fruit Cheese and Biscuits Daily Chilled Water, Milk or Fresh Fruit Juice served with meal

Week Beginning: 5th November, 17th December, 11th February

Monday	   	Mince & Mealie Spicy Tomato Pasta (v) Chicken Burger Mashed Potatoes or Rice Mixed Salad or Peas Jam & Coconut Sponge & Custard
Tuesday	   	Crunchy Chicken Bacon, Tomato & Egg Quiche Breaded Fish Potato Croquettes or Spaghetti Hoops Sweetcorn or Diced Peppers Rice Pudding & Peaches
Wednesday	   	Gammon Sandwiches Baked Potato with Baked Beans (v) Macaroni Cheese (v) Garlic Bread or Rice Grated Carrots or Coleslaw Lentil Soup or  Fruit Crunch & Custard
Thursday	   	Chicken Korma & Naan Bread Salmon Salad Steak & Pastry Mashed Potatoes or Rice Salad or Baby Carrots Fruit Salad & Cream
Friday	   	Tuna Bun Chilli Tacos Grilled Sausages Rice or Pasta Twists Baked Beans or Diced Cucumber Chocolate Crispie
	    	Bread All vegetables and non-fried/non-processed potatoes Yoghurt or Fresh Fruit Cheese and Biscuits Daily Chilled Water, Milk or Fresh Fruit Juice served with meal





Week Beginning: 12th November, 7th January, 18th February





Monday	   	Egg Mayonnaise Bun (v) Bolognaise Sauce Chicken & Mealie Spaghetti or Mashed Potatoes Peas or Tomato & Cucumber Fruit Crunch & Custard
Tuesday	   	Chicken in BBQ Sauce Baked Potato with Salmon Steak Casserole Mashed Potatoes or Rice Sliced Carrots or Diced Mixed Peppers Eves Pudding & Custard
Wednesday	   	Stovies Gammon Salad Breaded Flsh Croquette Potatoes or Spaghetti Hoops Salad or Beetroot Millionaires Shortbread
Thursday	   	Chicken Curry Herbie Spaghetti (v) Turkey Meatballs Rice or Crusty Bread Sweetcorn or Grated Carrots Pear Helene
Friday	  	Tuna Wrap Hot Dog Rice or Pasta Twists Coleslaw or Diced Cucumber Chocolate Chip Cookie
	    	Bread All vegetables and non-fried/non-processed potatoes Yoghurt or Fresh Fruit Cheese and Biscuits Daily Chilled Water, Milk or Fresh Fruit Juice served with meal





Week Beginning: 19th November, 14th January, 25th February

Monday	   	Mince Baked Potato with Salmon Chicken Burger Mashed Potatoes or Rice Mixed Salad or Baby Carrots Angel Delight & Fruit
Tuesday	   	Chicken & Mealie Beef Salad Macaroni Cheese (v) Potato Wedges or Crusty Bread Peas or Salad Sultana Sponge & Chocolate Sauce
Wednesday	   	Gammon Bun Lasagne Breaded Fish Spaghetti Hoops or Garlic Bread Diced Peppers or Sweetcorn Chocolate Fudge Pudding & Cream
Thursday	   	Shepherds Pie Savoury Vegetable Rice (v) Ham & Pineapple Pizza Rice or Pasta Shells Coleslaw or Grated Carrots Date Crispie & Custard
Friday	   	Mexican Chicken Baked Potato with Cheese (v) Grilled Sausages Pasta Twists or Potato Croquettes Baked Beans or Diced Cucumber Ice Cream, Fruit & Toffee Sauce
	    	Bread All vegetables and non-fried/non-processed potatoes Yoghurt or Fresh Fruit Cheese and Biscuits Daily Chilled Water, Milk or Fresh Fruit Juice served with meal




Week Beginning: 26th November, 21st January, 3rd March






Monday  Bolognese Sauce
 Chicken in Gravy
 Salmon Fish Cakes
 Mashed Potatoes or Spaghetti
 Sliced Carrots or Diced Tomato & Cucumber
 Flap Jack

Tuesday  Chilli Nachos
 Baked Potato with Cheese & Coleslaw (v)
 Sausage Roll
 Rice or Crusty Bread
 Baked Beans or Mixed Salad
 Ginger Pear Sponge & Custard

Wednesday  Chicken Korma & Naan Bread
 Mince & Mealie
 Baked Potato with Cheese & Pineapple (v)
 Rice or Mashed Potatoes
 Grated Carrots or Peas
 Cheesecake & Fruit

Thursday  Beef Sandwiches
 Crunchy Chicken
 Breaded Fish
 Potato Croquettes or Spaghetti Hoops
 Sweetcorn or Diced Peppers
 Fruit Salad & Ice Cream

Friday  Tuna Wrap
 Hot Dog
 Rice or Pasta Shells
 Coleslaw or Diced Cucumber
 Smartie Cookie

-  Bread
-  All vegetables and non-fried/non-processed potatoes
-  Yoghurt or Fresh Fruit
-  Cheese and Biscuits Daily
-  Chilled Water, Milk or Fresh Fruit Juice served with meal

Week Beginning: 3rd December, 28th January, 10th March






Monday  Savoury Mince
 Cheese Sandwiches (v)
 Chicken Burger
 Mashed Potatoes or Pasta n Rice
 Baby Carrots or Mixed Salad
 Apple Sponge & Custard

Tuesday  Steak & Pastry
 Gammon & Peaches
 Macaroni Cheese (v)
 Potato Croquettes or Rice
 Peas or Diced Tomato & Cucumber
 Pears & Chocolate Sauce

Wednesday  Moussaka
 Salmon & Cucumber Pasta
 Pepperoni Pizza
 Noodles or Garlic Bread
 Sweetcorn or Coleslaw
 Jam Shortcake

Thursday  Chicken Pie
 Baked Potato with Tuna
 Beef in Gravy
 Mashed Potatoes or Rice
 Grated Carrots or Diced Cucumber
 Marble Pudding

Friday  Chicken Mayo Bun
 Shepherds Pie
 Fish Whale
 Crusty Bread or Potato Waffles
 Diced Peppers or Baked Beans
 Jelly & Fruit

-  Bread
-  All vegetables and non-fried/non-processed potatoes
-  Yoghurt or Fresh Fruit
-  Cheese and Biscuits Daily
-  Chilled Water, Milk or Fresh Fruit Juice served with meal